



**OFFICE OF THE INSTITUTIONAL ETHICS COMMITTEE
TOMO RIBA INSTITUTE OF HEALTH AND MEDICAL SCIENCES (TRIHMS)
(SOCIETY UNDER THE GOVERNMENT OF ARUNACHAL PRADESH)
ARUNACHAL PRADESH: NAHARLAGUN 791110**

No.TRIHMS/ETHICS/01/2019-20/20

Dated Naharlagun the 18th December, 2020

APPROVAL OF INSTITUTIONAL ETHICS COMMITTEE

To,

Dr.Praveen Kumar K
Associate Professor,
Department of Physiology
Tomo Riba Institute of Health & Medical sciences

Dear Dr.Praveen

The Institutional Ethics committee reviewed and discussed your protocol to conduct the study titled "***Effect of lockdown Period during COVID 19 epidemic on Human Biorhythm Physiological Processes and Human health Profile of Individuals in North – Eastern states of India*** " on 18th December, 2020.

The following members of the Ethics committee had reviewed the protocol as deliberated on online (zoom platform) meeting held on 18th December 2020 at 1030Hours.

Dr.R.D. Khirmey	-Chairman of the Institutional Ethics Committee
Prof.Sumpam Tangjan	-Deputy Chairperson
Shri.Kardak Ete	-Member
Smt.Gumri.Ringu	-Member
Dr.Vyenkatesh Timmappa	-Member
Dr.Amit Kumar	-Member
Dr.Devendra Sachadev	-Member
Dr.Kesang Wangdi	-Member
Dr.Chow Cheta	-Member
Dr.Gomi Basar	-Member Secretary

We approve the study to be conducted. The Institutional Ethics Committee expects to be informed about the progress of the study, any further changes in the protocol must be done after due approval from the IEC and asks to be provided a copy of the final report.

Yours sincerely

(Dr.Gomi Basar)

Member Secretary (Institutional Ethics Committee)
Tomo Riba Institute of Health & Medical Sciences